THERE IS NO HEALTH WITHOUT MENTAL HEALTH

AT HAMM CLINIC:

• WE lead and champion mental health in our community.

• WE provide accessible and effective mental health care of the highest quality, including for persons who are underserved or cannot afford the full cost of care.

• WE develop a competent future workforce within our expert-lead training and education program for mental health professionals.
Dear friend,

At Hamm Clinic, we have known for 63 years that “there is no health without mental health.” Each one of us is affected by it every day, perhaps personally, or within our families and communities. It is central to a life well lived and able to participate fully in society. Access to quality mental health care can change a life, a community and a future. Thousands of lives have been impacted by our work at the Hamm Clinic through assessment, therapy, support and a mission that for 63 years has been committed to making mental health integral to wellness, and services available equitably, regardless of ability to pay.

The delivery of mental health services in the state of Minnesota, as well as throughout the country, is transitioning. On one hand, it is more visible and integrated, and the need is well recognized. On the other hand, it remains inaccessible to so many, especially those in greatest need of it. What’s more, the industry is experiencing major workforce shortages, so therapists and psychiatrists are in short supply.

A great challenge for all future healthcare will be the inclusion of mental health. Hamm Clinic’s private/public partnership model is one of leadership in the industry: Our expert and multi-specialty direct service, our highly sought-after training program for psychiatrists, psychologists and social work students; our research that aims to make treatment efficient and effective. Together with support from our benefactors we transform the lived experiences of those affected by mental health issues, with demonstrable, long-term positive results.

Our clients need us, and we need you.

Hamm Clinic’s 2016-2017 fiscal year ended on the wings of change. We wished happy retirements to both our former Board Chair and Executive Director. Our new Executive Director, Louisa D’Altilia, joined the team in July 2017, bringing to Hamm her passion for delivery of mental health services and a solid proven leadership record. She is an innovator and collaborator, seeking creative solutions to the often-complicated issues of mental health treatment delivery. Henry Stokman was elected Board Chair in June 2017. Henry is a Principal of a financial and management consulting firm. He has extensive experience in working with different health systems from all over the country helping them improve their overall financial and operational effectiveness. Henry is passionate about helping the Hamm Clinic become the premier mental health delivery system in the community.

Hamm Clinic’s new leadership is inspired and poised to build on the former year’s positive results, and continue its legacy of excellence. Emerging needs working with Veterans, the homeless, clients needing long acting injectable medication and minority communities are but some of the goals we add to our existing work. Hamm Clinic will continue driving a model of mental health care that is grounded on it being foundational to wellness, with equitable access for all those in need.

It is with gratitude that we provide to you our annual 2017 report. Our good work has always been made possible by your support. Thank you. The challenges forward are plentiful, yet together each client, their stories and lived experience drive our mission to service, and inclusion, as there can never be “health without mental health”.

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**a message from the new executive director & board president**

Louisa D’Altilia, BA, MSW, LICSW  
Executive Director

Henry Stokman  
Board President
community support

JULY 2016 - JUNE 2017

$50,000 and above
Marie H. Ankeny Charitable Lead Trust
Edward H. Hamm
Edward H. Hamm, Jr.
Hamm Foundation Fund of The Saint Paul Foundation
Margaret H. and James E. Kelley Foundation
Otto Bremer Foundation

$10,000-49,999
Marie H. Ankeny Legacy Fund of the Minneapolis Foundation
Mary Barwise Estate
Stanley and Karen Hubbard
James J. Jordan Endowment for Psychiatry Fund of The Saint Paul Foundation
Eloise and Carol Pohlad Family Fund
The Richard M. Schulze Family Foundation

$5,000-$9,999
Sally and Peter Anson
Abigail and Kenneth Dawkins
Hardenbergh Foundation
Shawn Marie Hart-Eleanor Fitzpatrick Designated Fund of The Saint Paul Foundation/Shawn Marie Hart-Eleanor Fitzpatrick NFP Fund of The Saint Paul Foundation
Hubbard Broadcasting Foundation
Lang Family Foundation
Kelley O’Neill and Cindy Wolf
Beatrice and Lee Sinna
The Charles A. Weyerhaeuser Memorial Foundation
John and Eleanor Yackel

$1,000-$4,999
Baillon Family Foundation, Inc.
Marilyn Broussard
Stephen Dwyer
James G. Jordan
Dr. James and Mary Ellen Jordan
Dr. James and Gail LaFave
Jonathan and Martha Morgan
Nicholson Family Foundation - Richard & Nancy Nicholson Fund
Roger Opp
Paula and Wally Richey
Robert Roseborough
The Philemon C. and Barbara Blanch Roy, Jr. Fund of The Saint Paul Foundation
Henry and Sara Stokman
The Paula Richey/Hamm Clinic Education Fund of The Saint Paul Foundation

$500-$999
Charles and Laura Ankeny
Elen Bahr
Julie Bluhm and Stephen Gumnit
Annabelle Bash
William Cochran Fund
Dr. Anne Gentry
Penny and Bill George
Dr. Mark and Alison Halley
Dr. James Hart and Dr. Maureen Reed
Dr. Grace Hong
Mary and Rev. Don Horner
Helen Johnson
J. Lawrence and Mary McIntyre
John Milletello and Marilee DesLauriers
Thomas and Diane Murphy
Catherine and Rick Plessner
Dr. Dina Rauker
Dr. Michael Sethna with Noran
Neurological Clinic
Beth and Timothy Sullivan
Dr. Christina Templeton Bonestroo
William Weisert and Brenda Cornelius

$250-$499
Harriet Ankeny Chute and Edmund P. Chute Family Fund of The Minneapolis Foundation
David and Nancy Anson
Paul and Marilyn Benner
Richard and Pat Bourman
Dr. Kate and John Boyle
Dr. Anthony and Beverly D’Agostino
Dr. Nancy Hammond
Mary Ellen and Don Jaehne
Dr. Elizabeth Jordan and Mr. David Kett
Dr. Jennifer and Gerald Kertz
Dr. Toni Magnuson
Robert and Helen Mairs
Dr. Robert and Dr. Susan Mantell
Sharon and Richard Mrocek
Dr. Robert Nesheim and Maryls Johnson
Dr. William and Suzanne Payne
Dr. Damaris Perez-Ramirez
Emily Anne Staples Tuttle Fund of the Minnesota Community Foundation
Paul Traugh
Ann Tucker
Dr. Virginia Vogel
Sherri West

$100-$249
Mr. and Mrs. John Acito
Elizabeth Ahl
Betty S. Andrews
David and Nancy Anson
Rose Bayuk
Dr. Barbara Benner

Mary and Richard Brainerd
Leo Braun
Jacquelyn and Jack Chiebeck
Rebecca Cooke
Dr. Charme Davidson
Toni de Rossier
Janet Devereux
Dr. Antonio and Mrs. Sybil Diehl
Mrs. Helen Diehl
James and Darcy Dungan-Seaver
Melanie Ferris
Amber Garlan
John Greenman
Cynthia Hames
Beverly Harness
David Jaehne
Marlene Johnson
Michelle Jordan
Robert and Dennis Keller
Dr. Peggy and Terry Kingston
Kira Lillehei
Kimberle Loken
Dr. Thomas Marr
Dr. Paul and Tara Mattessich
Marge and Jim Mazzoni
Michael McDonald
Kyle Murray
Arde Nicoloff
Dr. Yvonne and James Nobles
John and Eunice Olson
Mary Jane and Bruce Pappas
Dr. Anesh and Maytsua Patel
James and Kit Polga
Carol Quest
Robert and Christine Salmen
Jonathan and Laura Savin
Susan Sethna and John Melene
Byron and Connie Starns
Thomas and Laura Swain
Michael Wilke
Elizabeth Wittenberg and Richard Kyle
Dr. Scott Yarosh

Up to $99
Susan Abderholden and Lee Keller
Anonymous (1)
Phyllis Antognogli
Martha Arko
Sarah and William Armstrong
Barbara Bailey
Daniel and Laura Battaglia
David and Nancy Battaglia
Jeanne Battaglia
John Battaglia
Mark and Peg Battaglia
Scott and Jayne Battaglia
Lisa Battaglia
Stephen Befort and Anne Johnson
Blinta Berzina
Kate Buckley
Brenda Carlson
Dr. Geri Chavis
Joann Ciemnia
Kathleen and Douglas Clock
Robert and Nancy Cooley
John Delaney
Robert and Carol Deppe
Polly and Garry Fay
Michael and Heidi Girsch
Debra Hunt
Ann Jarvis Eads and John Eads
Barbara and Charles Keffer
Robert and Dennis Keller
David Kelley and Molly Malone
Denis and Mary Kelly
Dr. Stephen J. Kolar
Michael and Paula Kosmrl
Samuel and Susan Larsen
Rubin Latz
Theresa and Michael Leary
Denise Marvinney
Kate McGough
Brian McNeil
Peter Mix
Kenneth and Jenny Moorman
Denise Nelson
William and Elinor Ogden
Susan O’Neil
Jane Perry and Scott Blaine
Curtis and Anne Petersen
Rachel Richardson and Michael Deppe
Suzanne Rife
Samantha Rivera
David Roseborough
Mr. and Mrs. Mark Rue
Anjanette Schussler
John and Mary Shearen
Kevin and Kathy Sheehy
Frank Tekautz
Janet Thomas
Sarah and Jessica Urick
Mary Claire Wahlberg
Dr. John Witek and Mary Melbo

Please let us know if we have inadvertently omitted or misspelled your name. Call 651-224-0614 for any correction.

Please consider Hamm Clinic in your estate plans.

THANK YOU TO OUR GENEROUS DONORS AND SUPPORTERS FOR SUSTAINING THE MISSION OF HAMM CLINIC.
FROM CLIENTS: THE HEART OF OUR MISSION

“I was counseled by my therapist for quite some time for some really tough problems. When I came to Hamm Clinic my life really seemed to have hit bottom due to depression and severe anxiety and panic attacks. ... In addition, the sliding scale fee system is wonderful. It allows people to continue their treatment for an appropriate length of time.”

“Through my therapy here at the Clinic I am learning to use the keys inside me to not only unlock the doors of my past, but to my future.”

“I feel I was very fortunate to have found a therapist who was excellent and also a psychiatrist who was able to work with me on my medications (at the same clinic). This facilitated greatly my recovery. Previously, I have had therapists and psychiatrists who were not at the same clinic and that became very difficult for me (I feel) to receive the best care.”

Nearly 200 participants attended Hamm Clinic’s Annual Conference, sponsored by St. Catherine University and featuring Dr. Manijeh Daneshpour
### Statement of Activities

**JULY 2015 - JUNE 2016**

<table>
<thead>
<tr>
<th>REVENUE AND SUPPORT</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Client Fees and Contracts</td>
<td>$823,030</td>
<td>$874,121</td>
</tr>
<tr>
<td>Seminar Fees and Other</td>
<td>25,037</td>
<td>25,270</td>
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<tr>
<td><strong>Total Revenue from Services</strong></td>
<td><strong>$848,067</strong></td>
<td><strong>$899,391</strong></td>
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<tr>
<td>Contributions and Endowment</td>
<td>1,855,113</td>
<td>1,744,925</td>
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<tr>
<td>Investment Income</td>
<td>(9,990)</td>
<td>(16,129)</td>
</tr>
<tr>
<td>Change in Value - Community Foundation Funds</td>
<td>37,922</td>
<td>(26,892)</td>
</tr>
<tr>
<td>Net Assets Released from Restriction</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total Revenue and Support</strong></td>
<td><strong>$2,731,112</strong></td>
<td><strong>$2,601,295</strong></td>
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</table>

<table>
<thead>
<tr>
<th>EXPENSES</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Services</td>
<td>$1,414,004</td>
<td>$1,472,882</td>
</tr>
<tr>
<td>Training and Education</td>
<td>382,109</td>
<td>389,951</td>
</tr>
<tr>
<td>Research</td>
<td>63,997</td>
<td>68,169</td>
</tr>
<tr>
<td>Community Outreach</td>
<td>55,502</td>
<td>57,712</td>
</tr>
<tr>
<td>Administration</td>
<td>569,309</td>
<td>513,305</td>
</tr>
<tr>
<td>Fundraising</td>
<td>43,572</td>
<td>48,488</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$2,528,493</strong></td>
<td><strong>$2,550,507</strong></td>
</tr>
</tbody>
</table>

| Change in Net Assets from Operations | $202,619 | $50,788 |

<table>
<thead>
<tr>
<th>NON-OPERATING CHANGE IN NET ASSETS</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Change in long-term pension obligation</td>
<td>(48,645)</td>
<td>(395,587)</td>
</tr>
<tr>
<td><strong>Change in Net Assets</strong></td>
<td><strong>$153,974</strong></td>
<td><strong>($345,079)</strong></td>
</tr>
<tr>
<td>Net Assets - Beginning of Year</td>
<td>(184,118)</td>
<td>160,961</td>
</tr>
</tbody>
</table>

| NET ASSETS - END OF YEAR | **$(30,144)** | **$(184,118)** |

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### Balance Sheets

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Assets</td>
<td>$946,620</td>
<td>$774,799</td>
</tr>
<tr>
<td>Property and Equipment</td>
<td>38,878</td>
<td>50,201</td>
</tr>
<tr>
<td>Other Assets</td>
<td>482,020</td>
<td>440,798</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$1,467,518</strong></td>
<td><strong>$1,265,798</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Liabilities</td>
<td>$1,496,484</td>
<td>$238,468</td>
</tr>
<tr>
<td>Long Term Liabilities</td>
<td>1,178</td>
<td>1,211,448</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$1,497,662</strong></td>
<td><strong>$1,449,916</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Net Assets</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>(463,304)</td>
<td>(567,611)</td>
</tr>
<tr>
<td>Temporarily Restricted</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Permanently Restricted</td>
<td>433,160</td>
<td>383,493</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>(30,144)</strong></td>
<td><strong>(184,118)</strong></td>
</tr>
</tbody>
</table>

| Total Liabilities and Net Assets | **$1,467,518** | **$1,265,798** |

Audited financial statements available upon request.

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**From Clients**

“I had a wonderful relationship with my therapist. I also found the front desk people to be very friendly and caring.”

“My experience at the Hamm Clinic was healing as well as an awakening for me. This being my first foray into therapy, I wasn’t sure what to expect, but knew I needed help. I feel confident and equipped to deal with life going forward.”

“Please accept my gratitude for the low fee you charged, as this made treatment possible for me. … I am very grateful that the psychiatrist encouraged me to get therapy, not simply use medicine. It was the therapy that changed my life. … I came in only for medication originally, that was my plan, but your plan was so much better. I see now that medicine alone would have done me more harm than good.”
board & staff

BOARD OF DIRECTORS
Damon Anderson, CPA
Interim Chief Financial Officer, Certus, Mfg.
Julie Bluhm, MSW, LICSW
Director, Medical Administration, Hennepin Health
Victoria Bomba Coifman, PhD
University of Minnesota, African American & African Studies
Abby Dawkins, MSW, LICSW
Clinical Social Worker, retired
Melanie Ferris, MPH
Research Scientist, Amherst H. Wilder Foundation
Anne R. Gearth, PhD, LICSW
Community Faculty, University of Minnesota School of Social Work and Clinical Social Worker, Private Practice
Edward H. Hamm
Edward H. Hamm, Jr.
General Physician, retired
Jack Militello, PhD (2016-2017)
University of St. Thomas, College of Business
Kelley O’Neill
Dina M. Rauker, PsyD
LP Associate Client Partner, Korn Ferry
Attorney, Gibas, Richey and Dube, retired
Henry Stokman
Principal, Impact Advisors
Mark Sundby, MDiv, PhD, LP
Executive Director, LeaderWise
Elizabeth L. Wittenberg, JD, LICSW
Private Psychotherapy and Consulting Practice

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Richard Bourman, Controller
Robert Brucks, IT Support
Becky Cooke, Front Office
Louisa D’Altillia, BA, MSW, LISW, Executive Director
Poly Fay, Front Office
Amber Garlan, Billing Support
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Mary Horner, BA, Management Services Coordinator
Toni Magnuson, MD, Medical Director
Robert Mantell, PhD, RN, LP
Kyle Murray, LICSW
Karen Nancekivell, Interim Director of Operations
Yvonne Nobles, PsyD, LP
Anesh Patel, PsyD, LP
Rachel Richardson, MSW, LICSW, Outreach Coordinator
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Michael Wilke, MA, LP
Nicole Wolf, PhD, LP, Director of Psychology Training